

VOGUE

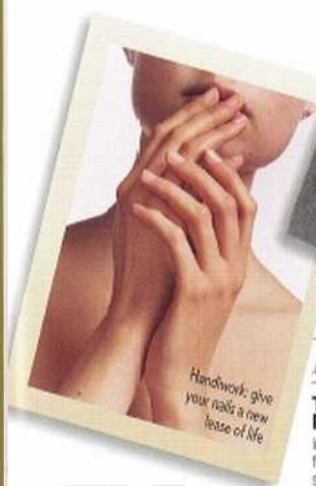
THE CONTACTS WE WERE MORE THAN A LITTLE RELUCTANT TO SHARE

THE SECRET ADDRESS BOOK

Where fashion insiders go to repair their , find an out-of-print , pick up a vintage , send a miniature  through the post, track down a one-of-a-kind , buy the best Christmas , hire a real-life , eat a designer , source anything and everything... Even the kitchen 

IN ASSOCIATION WITH

Van Cleef & Arpels



Handwork: give your nails a new lease of life



Old Town creates new designs from vintage looks

News Websites

THE BUSINESS OF FASHION

Imran Amed's refreshingly non-fussy fashionbusiness news site serves up easily digestible financial gossip alongside instant links to mostly American sources.

Businessoffashion.net

DAY LIFE

After the most this-second report on a news story? You'll find it here: the site's news finder scours vast swathes of the world's media from *The Times Of India* to *Women's Wear Daily* in lightning time.

Daylife.com

THE FIRST POST

An intelligently compiled online news magazine. Worth a visit for its exceptional News In (stunning) Pictures alone.

Thefirstpost.com

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Nails

NAIL ADDICT

Indulgent, long-lasting treatments at this St John's Wood nail bar come with a latte and a smile from the courteous, attentive staff.

8 St Ann's Terrace, London NW8 6PJ. Tel: 020 7469 0004. Nailaddict.com

NAILS INC

Ensure both your manicure and your pedicure survive the host of parties in the lead up to Christmas and New Year, with the Nails Inc three-week mani-pedi. A chip-proof coloured gel is applied to the nails, which won't budge until it is removed at your next appointment.

41 South Molton Street, London W1K 5RP. Tel: 020 7499 0833. Nailsinc.com

THE NAIL LOUNGE, ADAMINA SPA

This relative newcomer to west London houses one of the best Nail Lounges in the capital. Decorated in boutique-hotel chic, this nail salon offers an excellent hour-long spa treatment that includes a blissful hand-and-arm aromatherapy massage. Most importantly, the manicurists finish off with every fashion insider's favourite nail-polish range - Essie.

276-280 Kensington High Street, London W8 6ND. Tel: 020 7751 1611. Adaminaspa.com

PRETTY NAILS

Tucked away in a little side street off the attractive part of Gloucester Road in W8, this is the perfect salon for a Sunday drop-in manicure and/or pedicure. The mostly vietnamese nail technicians are both fast and fusticious.

8 Victoria Grove, London W8 5RY. Tel: 020 7581 9413. Prettynailsalon.com

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Orchids

THE BAY TREE

Home to the most extensive selection of orchids in South Wales, Bryan Bird's studio creates bespoke arrangements of these beautiful plants - ideal as an elegant thank-you gift.

35 High Street, Cowbridge, Vale of Glamorgan, Wales CF71 7AE. Tel: 01446 772271

Original Clothes

OLD TOWN

Old Town offers customers original clothes inspired by the classic designs of the interwar years. Its beautifully simple range - often reproduced from vintage patterns and handmade to order within four to six weeks - includes the splendidly powerful-sounding Dreadnought trousers, and each piece is made from traditional British fabrics, including cottons, woollens and linens. Best of all, though, is the website - an entirely modern portal through which to snap up a piece of our fabulous fashion history.

49 Bull Street, Holt, Norfolk NR25 6HP. Tel: 01263 710001. Old-town.co.uk

Osteopathy

NINA BAIN

Naturopathic osteopath Nina Bain takes a holistic approach to addressing her clients' body imbalances, winning fans at *Vogue* House and far beyond.

Wyndham Place Clinic, 15 Wyndham Place, London W1 2AQ. Tel: 020 7723 8838. Ninabain-osteopathy.com

Oysters

MERSEA ISLAND

If there's an 'r' in the month, order your oysters from Mersea Island or, for the best fresh dishes, make the trip to the ramshackle Company Shed eatery on the Isle itself. Fancy it's not, but for seafood lovers it's both an education and a joy.

129 Coast Road, West Mersea, Essex CO5 8PA. Tel: 01206 382700



Enjoy otherworldly oysters from Mersea Island



Playing easy, experience the delights of an open-air theatre production.

Outdoor Theatre

BROWNSEA OPEN-AIR THEATRE

While Shakespearean tragedies transport audiences to another era, productions at this theatre involve a more literal transportation - across Poole Bay. Catch the ferry and one of the Bard's classic plays every summer at the open-air theatre on Brownsea Island. Make the most of the idyllic surroundings by arriving early and picnicking before curtain up.

Tel: 01202 251987. Brownsea-theatre.co.uk